

# Day Ticket



wetsuits included

## All Access pass

	Child	Adult	Family
Day Ticket	£25	£35	£110
Extra Day	£22	£30	£95
2hr Lesson	£15	£15	£50
1hr Lesson	£11	£11	£35

Customers must show competence in paddleboarding, sailing, windsurfing, skiing & snowboarding before being able to take equipment.

Otherwise they must join a lesson at £11 per head

# Biking



## Mountain Bike hire

	3hr	Day	+Day
Child	£10	£15	£11
Adult	£12	£18	£15
Electric	£15	£22	£20
Child seat	£5	£7	£5

£100 Security deposit held against damage from missuse.

# Wildlife Tour



## Daily Sailings

	11:00	2:00	4:00	6:00*
Child				£5
Seniors				£5
Adult				£7
Family				£20
Private Group >12				£50

6:00pm sailing  
Please book by 4:00pm.

# Season Tickets



wetsuits included

## Week Passes

	Child	Adult	Family
5 Days	£85	£105	£295
7 Days	£95	£125	£345

## Season Passes

	Child	Adult	Family
3 Months	£130	£180	£350
6 Months	£150	£225	£500
9 Months	£200	£350	£600

# Nature Walks



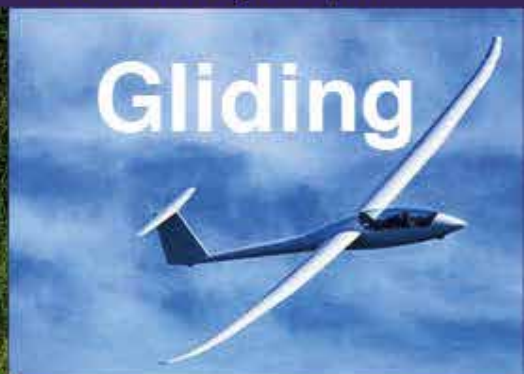
## Guided Walks

### Guided Mountain Biking Sessions

	2 hr	Day
Child	£21	£50
Adult	£24	£60

Join one of our experts as you explore nearby the enchanting Glenfeshie woodlands.

# Gliding



## Cairngorm Gliding Trips

2hr Trial lesson      £75

Speak to us about the fantastic Cairngorms Gliding Club just up the road..



# Pedalo's

## Pedalo's & Rowing Boats

	1hr	2hr	Day
1 - 3 person	£20	£30	£40
4 - 6 person	£25	£35	£50

The easiest way to enjoy the water without getting wet..



# Canoe

## Open Canoe hire

	1hr	2hr	Day
Small Canoe	£20	£30	£50
Large Canoe	£25	£35	£60

Canoes are a dryer option providing you don't capsize.

Two adults per small boat plus a small child is fine.

The more weight you put in the boat the more unstable it becomes!



# Kayak

## Sit on Top Kayaks

	1hr	2hr	Day
Single Kayak	£10	£18	£25
Double Kayak	£16	£21	£39
Wetsuit	£5	£7	£15

Easy to pick up for all ages

Almost 100% Safe from capsizing!

Participants will get extremely wet!



# Golf

## Invereshie 9 hole course

Course fee	£10
Season	£150

## Golf Club Hire

Club hire £10 per set

Our Neighbours wee Highland golf course is a beautiful new addition to the facilities at Loch Insh.



# River Trips

## Kingussie - Loch Insh Trip

Easy entry Level river trip. canoe or paddleboard or kayak! Begginers must go with a guide

## Guided River trips

Kingussie - Loch Insh or  
Loch Insh - Aviemore

Child	£45
Adult	£55

## Kingussie No Instruction

1 Person	£55.00
2 Persons	£37.00 per head
3 - 4 Persons	£32.00 per head
5 - 6 Persons	£30.00 per head
7 - 11 Persons	£25.00 per head

## Canoe / Kayak Group lesson

	2hr
Child	£23
Adult	£28

## Loch Insh - Aviemore Trip

The more challenging Loch Insh to Aviemore stretch of water. We only offer in Kayaks or Double Kayaks. Previous experience required.

## 2 Day Paddisports courses

### Introductory course

	Child	Adult	Family
	£99	£135	£400
Day 1	Kingussie - Loch Insh		
Day 2	Loch Insh - Aviemore		

### Intermediate Course

	Child	Adult	Family
	£149	£175	£495
Day 1	Grantown - Balindaloch		
Day 2	Balindaloch - Aberlour		

# Paddle board



wetsuits included

## Stand Up Paddle Boards

1hr 2hr Day

O'Shea £15 £25 £40

The easiest activity we do!

## Paddleboard Group lesson

2hr

Child £29

Adult £39

# Wind Surf



wetsuits included

## Windsurf hire

2hr Day

Beginner board £25 £35

Intermediate £30 £40

Kit Insurance £5 £10

Progress in comfort and safety with top of the range wet suits included.

Loch Insh is ideal for beginners right the way through to developing your freestyle skills.

## Windsurfing Group lesson

2hr

Child £29

Adult £45

# Sailing



wetsuits included

## Sailing hire

2hr Day

Optimist / Bug £15 £25

Topper / Fun £26 £39

Pico / Topaz £33 £49

Seafarer £44 £59

Omega / Dart £45 £65

Rig it reef it and right it?  
... you can hire it!

## Sailing Group lesson

1hr 2hr

Singlehand' Child £29

Singlehand' Adult £45

Seafarer £65 £120

# Jumbo's



wetsuits included

## Jumbo Team Paddle Hire

1hr 2hr

Child (max 16) £8 £12

Adult (max 8) £10 £15

Great fun for all the family

## Jumbo Group lesson (with Instruction)

2hr

Child £21

Adult £24

## Wetsuit & Waterproof Hire

2hr Day

Wetsuit+Boots £7 £10

Sailing suit £7 £10

Helmet or BA's £5 £8

All Equipment taken off site requires a £100 security deposit to be held against loss or damage.

Should Equipment not be returned in reasonable condition we will deduct the cost to repair.

## Private Lessons

A great way to progress a little quicker or concentrate on one aspect of your skills you need to work on.

We have experts in all we offer our instructors love the challenge of one on one personal development.

This is also a cheap lesson for all the residents to compliment their free hire periods.

1hr 2hr Day

Private Instructor £35 £70 £140

# Snowboard & Skiing

**Ski or Snowboard hire**

	1/2hr	1hr	2hr	Day
Ski / Board	---	£12	£15	£25
Sledge	£7	£10	£15	

All hirers must wear a helmet and gloves which are provided at all times.

No non skiers allowed on the slope during ski / board sessions.



# Archery

**Archery Group Lesson**

	1hr	2hr
Child	£15	£21
Adult	£17	£24

**Private Lessons**

1 Person	£40.00
2 Person	£23.00 per head
3 Person	£18.00 per head
4 - 6 Person	£15.00 per head



# Courses

**Best Value money RYA courses**

	Child	Adult	Family
1 Day	£55	£70	£200
2 Days	£99	£135	£400
3 Days	£140	£190	£550
4 Days	£180	£240	£675
5 Days	£215	£275	£775

The best value RYA courses in the whole of the UK

**Ski & Board Group Lessons**

	2hr
Child	£23
Adult	£28



# Fishing

	3hrs	Day	+Day
Permit P/P	£5	£10	£5
Rod & Reel	£10	£15	£10
Outboard	£30	£40	£30
Gillie	£39	£69	£99
£100 Security deposit on Outboards			



# Monsters Club

**Launching & Storage**

	Day	Week	Season
Single	£5	£20	£150
Double	£7	£25	£200
Dinghy	£10	£45	£250

All equipment left at owners own risk.

Loch Insh accepts no responsibility for damage or theft of personal equipment.

All water users will wear appropriate personal buoyancy at all times.

All users will store their equipment in a tidy fashion so as to not endanger members of the public

Loch Insh rescue is available between the hours of 8:30 and 5:30 each day

**Fishing + Guide Package**

Explore the Spey with our expert.

Includes everything you need for a great day out including lunch and refreshments. Please call to book

	3hrs	Day	+Day
Package	£125	£195	£145

**Little Monsters Kids Club**

Drop your kids off for an action packed adventure whenever you like!

5 hours in one day!  
Fully qualified instructors will look after your little monsters from 9 - 5

9:00 - 9:30 Check in

9:30 - 12:00 Paddle Board

12:00 - 1:30 Lunch

1:30 - 4:00 Sailing

4:00 - 5:00 Archery

5:00 - 5:30 Check out

**Monsters Club £55**